



Prince Bishops  
Teaching School Alliance  
Growing together

# Workshop on children's mental health

## Using games with children & 'Understanding attachment'

26th January 2016

Venue to be confirmed once numbers agreed

Prince Bishops Teaching School Alliance are working with leading child mental health experts, Place2Be, to offer a series of one-day training workshops. Place2Be training provides participants with a deeper understanding of young people's emotional wellbeing and how it affects their behaviour - to help increase your confidence and provide practical tools to improve your work with children and families.

### Using games with children – half day workshop

Play and games can be a powerful tool to help younger children understand their emotions and how they relate to others. The methods of play demonstrated are simple and do not need expensive materials or equipment. Participants leave with the skills to use games in a variety of settings with children of all ages.

### Understanding attachment – half day workshop

An awareness of attachment theory and how children relate to adults can be extremely useful when understanding children's and young people's challenging behaviour. This workshop looks at traditional and new research, explores some of the theories of attachment, separation and loss. Participants will come away with practical strategies for managing children's behaviour.

What the day covers:

- The importance of play in child development
- A set of games that can be adapted to suit a variety of needs
- Theories of attachment, separation and loss
- Ideas and strategies for supporting attachment behavior



The cost of the workshops is £115.00 per day with a 10% reduction for additional delegates from the same school.

**Cancellations:** All cancellations must be made in writing, in the event that you need to cancel this training, a cancellation charge will be incurred. Up to six weeks prior to the training, a full refund will be made. Within six weeks of the training date, a 50% charge will be made. The full cost of the training will be charged should the cancellation be made within 7 days of the sessions date.