



Prince Bishops  
Teaching School Alliance  
Growing together

# Workshop on children's mental health 'Counselling skills for working with children'

21st January 2016

Venue to be confirmed once numbers agreed

Prince Bishops Teaching School Alliance are working with leading child mental health experts, Place2Be, to offer a series of one-day training workshops. Place2Be training provides participants with a deeper understanding of young people's emotional wellbeing and how it affects their behaviour - to help increase your confidence and provide practical tools to improve your work with children and families.

## Counselling skills for working with children – one day workshop

The way we listen, communicate and relate to children and young people can have a powerful effect on the way they behave.

This workshop gives practical advice based on counselling skills for professionals working with children and young people, and teaches how observation, reflection and questioning can be of great benefit in everyday interactions.

Participants will gain an understanding of techniques and practical approaches to support young people's expression and development.

What it covers:

- Introduction to the concept of counselling
- Active listening skills
- Creative counselling skills
- Self-awareness



The cost of the workshops is £115.00 per day with a 10% reduction for additional delegates from the same school.

**Cancellations:** All cancellations must be made in writing, in the event that you need to cancel this training, a cancellation charge will be incurred. Up to six weeks prior to the training, a full refund will be made. Within six weeks of the training date, a 50% charge will be made. The full cost of the training will be charged should the cancellation be made within 7 days of the sessions date.